

Highlight Vacations, LLC

Educational Traveling Club for Adults with Special Needs

Guide to Activity Level for Trips

Activity Level 1: I’m a Chilling •

-This is your trip to sit back and relax. Walking is to the minimal, maybe walk a mile during the day. Stopping and smelling the roses is a must on this trip. Your like to take your time and enjoy what you are doing. You don’t want to be rushed to the next activity. (Lots of stops to rest).

Activity Level 2: Keep the Pace: ••

-You like to spend most of the day walking and sightseeing, and you can keep up with the group. You like to see a lot and to stay busy, but you also like a restful afternoon by the pool or reading a good book occasionally. These travelers can walk from 2 to 4 miles in the morning with ease and enjoy a quiet afternoon.

Activity Level 3: On Your Feet traveler! •••

-This is for the traveler that likes to be on the go. To send the morning in a museum or sighting seeing a castle. Then they have the opinion to go swimming in the afternoon or shopping or continuing exploring the area. These travelers like to constantly like to be on the go! This group can walk from 5 to 9 miles a day, it’s up to what you do!

Activity Level 4: What’s Next on the List: ••••

-You enjoy spending the day on the move! You are comfortable spending the day walking around town, or uneven paths, or taking public transportations. You are ready for anything!!! You want to see everything, and you are willing to try new things. These travelers can walk up to 10 miles or more a day and be ready tomorrow to do it again.

Activity Level: Choose Your Pace:

This is a trip that is the traveler’s pick. It allows the traveler to pick the activity level that they would like to do for that day. Staff will be available for them on a day-by-day rotation, so that each traveler will be able to do their activity level that they choose for the day. If the activity level cannot be covered on a particular day because of staff shortage, it will be selected on the following day.

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